

JANDER CIDRACK SENA TULLER

LANDSCAPE LABORER - HOUSEKEEPING - GENERAL WORKER

CONTACT

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SKILLS

- Cleaning and sanitation
- Outdoor physical labor
- Grounds maintenance
- Mowing and trimming
- Physical stamina
- Heavy lifting
- Teamwork
- Reliability
- Ability to follow instructions
- Attention to detail
- Adaptability

WORK ATTRIBUTES

- Responsible and punctual
- Calm under pressure
- Strong work ethic
- Flexible with shifts and routines
- Quick to learn new tasks

LANGUAGES

- Portuguese - Native
- English - Basic / Studying

EDUCATION

- High school completed



PROFILE

Reliable and hardworking person with good experience in outdoor physical work, grounds maintenance, and keeping work areas clean and organized. Used to routine jobs that need consistency, attention to detail, and physical strength. Comfortable working long hours outside, doing repetitive tasks like cleaning, trimming, and maintaining grounds. I follow instructions carefully, work well with the crew, and take responsibility for getting the job done right without needing constant supervision.



WORK EXPERIENCE

Brazilian Army - Soldier 03/2018 - 02/2026

In this role, I was responsible for keeping both the outdoor areas (including the garden and grass) and the indoor military facilities clean, organized, and in good condition as part of the daily routine. The work included mowing and trimming the grass, weeding, cutting leaves damaged by the sun, as well as cleaning dormitories, bathrooms, hallways, and shared areas. Most of the tasks were physical and repetitive, requiring discipline and consistency. I also helped with moving equipment, setting up spaces when needed, and supporting general maintenance tasks within the facility. Work was done under strict routines and supervision, where following instructions correctly and maintaining order was essential.

Responsibilities:

- Mowing, trimming, and maintaining grass and garden areas
- Weeding and cutting leaves damaged by the sun
- Cleaning and maintaining dormitories, bathrooms, hallways, and common areas
- Keeping outdoor and indoor spaces clean and organized throughout daily operations
- Bed making, linen handling, and general room preparation
- Moving and carrying equipment and supplies when required
- Supporting general maintenance and operational tasks
- Working under structured routines and following instructions carefully
- Performing repetitive physical work with consistency
- Maintaining cleanliness and order in both outdoor and indoor areas at all times