

MARIA EDUARDA SALES

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PROFESSIONAL SUMMARY

Certified Nursing Assistant (CNA) and Skin & Body Care Specialist with 8+ years of professional experience in client-focused care, cosmetology, body aesthetics, facial treatments, and wellness services. Experienced in professional, personalized care, communication, professionalism, safety, and customer service. Healthcare training includes CNA, BLS, and Adult First Aid. Additional healthcare training, including Phlebotomy, is planned.

CORE COMPETENCIES

CNA • Patient-Centered Care • Patient Safety • Personal Care Support • ADL Support • BLS • Adult First Aid • Healthcare Support • Patient Communication • Teamwork • Critical Thinking • Problem Solving • Leadership • Attention to Detail • Professionalism • Body & Skin Care • Facial Treatments • Body Aesthetics • Lymphatic Drainage • Microneedling • Dermaplaning • Chemical Peels • Massage Techniques • Body Aesthetics Assessment

PROFESSIONAL EXPERIENCE

SKIN & BODY CARE SPECIALIST
Brazil | 8+ Years (Me Medical Spa)

- Provided personalized skin, body, and aesthetic care services based on individual client needs and treatment objectives.
- Delivered professional client care while maintaining high standards of communication, comfort, professionalism, and attention to detail.
- Performed body and facial aesthetic procedures as trained, including skin care protocols, body treatments, massage techniques, and specialized aesthetic services.
- Conducted body aesthetics assessments and selected appropriate treatment approaches according to individual needs and professional training.
- Provided client education regarding treatment protocols, preparation, aftercare, and appropriate skin and body care practices.
- Maintained a professional and welcoming environment focused on client safety, comfort, satisfaction, and quality of service.
- Developed strong communication and relationship-management skills through extensive direct client interaction.
- Maintained ongoing professional education through specialized courses, congresses, workshops, and continuing education.

HEALTHCARE

CERTIFIED NURSING ASSISTANT (CNA) — Gabriel Health Institute | Florida | 2026
BASIC LIFE SUPPORT (BLS) — HSI | 2026
ADULT FIRST AID — HSI | 2026
ADRD - Elders Affairs | Florida | 2026

EDUCATION

Postgraduate Degree — Cosmetology | UNINASSAU – Mauricio de Nassau University Center | Brazil
Associate Degree — Cosmetology | UNIBRA – Brazilian University Center | Brazil | 2018
Technical Course — Body Aesthetics and Lymphatic Drainage | Brazil
Technical Course — Stretch Mark Camouflage | Magic Strill | Brazil
Hairdressing Training | Center Hairdresser Baazar | Brazil | 2016

ADDITIONAL AESTHETICS & WELLNESS TRAINING

BB Glow • Microneedling • Facial Treatment Protocols • Facial Machines • Luxury Facial Treatments • Chemical Peels • Dermaplaning •
Body Aesthetics Assessment • Cupping Treatment • Modeling Massage • Lymphatic Drainage • Lip Micropigmentation / Permanent Makeup
• Lash Lift • Plasmapen Fibroblast • Skin and Body Care • Intimate Aesthetics

PROFESSIONAL CONGRESS & CONTINUING EDUCATION

- International Congress of Esthetics and Spa — Miami (2017,2024)
- Continuing Education Certificate for Cosmetology Licensure (2023)
- Intimate Aesthetics Congress — São Paulo (2022)
- Aesthetic Online Congress — São Paulo (2021)
- Congress Massage in Practice — São Paulo (2021)

PROFESSIONAL AFFILIATIONS

- CNPB
- ANEC
- Florida Department of Business and Professional Regulation (DBPR)
- New York Department of State Esthetics

LANGUAGES

- Portuguese — Native
- English — Professional Development / U.S. Workplace Communication
- Spanish — Professional Development